

Blueprint Workbook

1–5 Prompts to Leverage Your Next Level



Unshakeable in Her Grit

Step 1: The Power of No

What does your ideal day as an entrepreneur look like — from morning to evening?

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Tip: Boundaries protect your energy and make room for your “yes.”

🌟 **Why it matters:** *Clarity on your daily rhythm helps you design a business that serves your life — not the other way around.*

Step 2: Charting Your Path

When was a time you said no, and it turned out to be the best decision?

[illegible]

Tip: Every “no” creates space for a more powerful “yes.”

🌟 **Why it matters:** *Reflecting on past decisions builds trust in your instincts and reinforces the value of protecting your focus.*

What is one strength or skill that sets you apart as an entrepreneur?

[illegible]

🌟 **Why it matters:** *Recognizing and owning your unique strengths boosts confidence and ensures you build on what makes you exceptional.*

Step 4: Facing the Roadblocks

Think about a time you stumbled or “failed.” What did it teach you that still serves you today?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Tip: Naming your fears takes away their power.

🌟 **Why it matters:** *Identifying roadblocks allows you to reframe them into stepping stones toward growth and freedom.*

Prompt 5: Mapping Your Allies

Who are 3 people you could collaborate with, learn from, or lean on right now?

[illegible]

Tip: Your network is your net worth.

💡 **Why it matters:** *Building connections creates support, accountability, and opportunities you can't achieve alone.*